



COURSE OUTLINE

PNG127

Prepared: Lynn Tomie Approved: Bob Chapman

Course Code: Title	PNG127: HEALTH ASSESSMENT
Program Number: Name	3024: PRACTICAL NURSING
Department:	PRACTICAL NURSING
Semester/Term:	17F
Course Description:	This course will provide the learner with the skills required to conduct a holistic health assessment for a normal healthy individual during all stages of the lifespan. The concepts of wellness, health promotion, health protection and client teaching will be integrated throughout the course.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Prerequisites:	PNG115, PNG116, PNG117, PSY120
Corequisites:	PNG121, PNG131
This course is a pre-requisite for:	PNG233, PNG234, PNG238
Vocational Learning Outcomes (VLO's): Please refer to program web page for a complete listing of program outcomes where applicable.	<p>#1. Communicate therapeutically with clients and members of the health care team.</p> <p>#2. Assess clients across the life span, in a systematic and holistic manner.</p> <p>#4. Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.</p> <p>#6. Act equitably and justly with clients and members of the health care team.</p> <p>#7. Adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.</p> <p>#9. Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.</p>
Essential Employability Skills (EES):	#1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.



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- #2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.
- #3. Execute mathematical operations accurately.
- #4. Apply a systematic approach to solve problems.
- #5. Use a variety of thinking skills to anticipate and solve problems.
- #6. Locate, select, organize, and document information using appropriate technology and information systems.
- #7. Analyze, evaluate, and apply relevant information from a variety of sources.
- #8. Show respect for the diverse opinions, values, belief systems, and contributions of others.
- #9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- #10. Manage the use of time and other resources to complete projects.
- #11. Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 60%, C

Other Course Evaluation & Assessment Requirements:

This course has a co-requisite grading requirement which includes overall 60% in Written Component AND be Successful in the Practicum - Head-To-Toe Assessment Testing (the student must achieve a Satisfactory in the Practicum component)

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Final Exam	40%
Test # 1	30%
Test # 2	30%

Books and Required Resources:

Physical Exam & Health Assessment - Canadian by Jarvis
Publisher: Elsevier Edition: 2nd Canadian
ISBN: 9781927406564
includes Hardcover/ Lab Manual & Pocket Companion

Course Outcomes and Learning Objectives:

Course Outcome 1.

Utilize a framework to conduct a holistic health assessment for a healthy individual.

Learning Objectives 1.

Discuss the purpose of health assessment.



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Explore frameworks that guide health assessment.
Explore the elements of a health assessment.

Course Outcome 2.

Perform a comprehensive health assessment of a healthy individual.

Learning Objectives 2.

Describe the impact of communication skills on the interview process.
Adapt interview techniques to facilitate a health assessment.
Discuss the ethno-cultural considerations involved in a health assessment.
Discuss elements of a nursing health history.
Conduct a health history for each system/health pattern.
Organize assessment data using a framework.
Identify age related variations and basic deviations from expected findings.
Perform a basic physical examination utilizing a framework.
Record and report findings of the basic physical examination.

Course Outcome 3.

Utilize appropriate examination techniques

Learning Objectives 3.

Identify the equipment used in a physical examination.
Demonstrate the correct use of the equipment used in a physical examination.
Demonstrate accurate basic physical examination techniques for each system/functional health pattern using a framework approach.
Adapt physical examination techniques to various age groups.
Discuss examination techniques specific to each system/health patterns.

Course Outcome 4.

Integrate basic health promotion strategies during health assessment

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Learning Objectives 4.

Incorporate appropriate health teaching during a nursing health history and basic physical examination.

Date:

Wednesday, August 30, 2017

Please refer to the course outline addendum on the Learning Management System for further information.